

GB Rowing & Junior Rowing Commission present:

# **Junior Coaches Conference**

(incorporating the Junior Wash-up Meeting)

**Dates: Saturday 19<sup>th</sup> and Sunday 20<sup>th</sup>  
September**

**Venue: National Water Sports Centre,  
Nottingham**

Speakers to include (already confirmed):

## **Steve Gunn**

*CV includes:* GB World Class Start/Talent ID Manager; Senior GB Men High Performance Coach (incl. Searle Brothers Olympic Gold Medal, Coxed Pair 1992); Chief Coach, New Zealand; GB Junior Coach (including first ever GB Junior Gold Medal); 1<sup>st</sup> VIII Coach - Hampton School

## **Bruce Grainger**

*CV includes:* GB Junior Coach (incl. GB Junior Gold Medal crews); Chief Coach GB Juniors; 1<sup>st</sup> VIII Coach - Eton College, Shiplake College and Wallingford School.

## **Darren Whiter**

*CV includes:* GB High performance Coach (incl. Olympic Gold Medal Lwt 2x in 2008); Chief Coach University of London; GB Junior Coach (incl. GB Junior Gold Medal).

## **Mark Edgar**

*CV includes:* Qualified Sports Physio; GB Junior/Senior Physio; Head of Medical Service for GB Rowing

## **Mark Homer**

*CV includes:* Qualified Exercise Physiologist, GB Physiology & Sports Science to Senior + Developmental Squads

## **Alex Henshilwood**

*CV includes:* GB Junior/Australian Youth Olympics Coach; 1st VIII Coach at Eton College and Pangbourne College; ex GB Lightweight rower; ex GB U23 Rower, ex GB Coupe Rower.

*The weekend will also provide plenty of opportunity for more informal exchanges of information and ideas among coaches, as well as workshops.*

The Conference is aimed at coaches of Juniors of all ages and abilities - something for everyone!

**Cost: £100**

(includes accommodation, all meals, coffees and Conference Dinner.)

Start time: Approx. 10:00 on Saturday 19<sup>th</sup> September

Finish: Approx. 15:00 on Sunday 20<sup>th</sup> September

(GB Junior Wash-up Meeting will be on the Saturday, approx. 16:30 - 18:30)

**Reserve your place now!**

Contact Richard Boulton: [richard.boulton@gbrowing.org.uk](mailto:richard.boulton@gbrowing.org.uk)

or Mike Martin: [martinm@hutchesons.org](mailto:martinm@hutchesons.org) for more info.